

# NOVEMBER 2018

## MIDDLE SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

**BREAKFAST \$1.50**

### Did You Know...

Scorpio and Sagittarius are the astrological signs for November. Birthdays from November 1st through the 21st fall under the Scorpio sign. November 22nd through November 30th birthdays fall under the sign of Sagittarius.

Each Morning we offer a variety of breakfast combo meal choices: including fruit, milk, yogurt, 100% fruit juice, fruit pockets, egg wraps, bagels, or cereal.

### Lunch Choices

1. Hot lunch menu
2. Deli Bar lunch
3. Pizza lunch
4. Grab n' Go choices

All meal combos are offered with a milk, fruit, and vegetable.

Each day we offer a variety of fruits & vegetables: Apples, bananas, oranges, pears, peaches. Carrots, veggie sticks, 100% fruit juice may be substituted.

Homemade soup is back, every Tuesday

A fresh baked dessert is served with combo lunches every Wednesday

Homemade pizza is served every Friday

### Lunch Account Information

Visit [www.schoolcafe.com](http://www.schoolcafe.com)

To contact the cafeteria directly.  
610 847-5131 Ext. 1410

CHICKEN FAJITAS 5

Tossed salad  
Salsa, spanish rice  
Steamed carrots  
Choice of fruit  
Choice of milk

SCHOOL  
CLOSED

GRILLED CHEESE 7

French fries  
Steamed broccoli  
Choice of fruit  
Choice of milk  
Baked dessert

MAC & CHEESE 1  
Steamed broccoli  
Tossed salad  
Choice of fruit  
Choice of milk

PIZZA 2  
HOMEMADE  
Tossed salad  
Steamed carrots  
Choice of fruit  
Choice of milk

CHICKEN TENDERS 12

Mashed potatoes w/gravy  
Tossed salad  
Steamed carrots  
Choice of fruit  
Choice of milk

MAX STICKS 13

Homemade soup  
Tossed salad  
Maranara dip cup  
Green beans  
Choice of fruit  
Choice of milk

CORN DOGS 14

Baked beans  
Spiral fries  
Choice of fruit  
Choice of milk  
Baked dessert

HOLIDAY TURKEY FEAST 15

Mashed potatoes, corn, stuffing, gravy, baked apples, cranberry sauce, salad, pumpkin surprise, Choice of milk Choice of fruit

PIZZA 16  
HOMEMADE

Tossed salad  
Steamed carrots  
Choice of fruit  
Choice of milk

CHICKEN SANDWICH 19

French fries  
Steamed corn  
Choice of fruit  
Choice of milk

½ Day  
Dismissal

SCHOOL 21  
CLOSED

SCHOOL 22  
CLOSED

SCHOOL 23  
CLOSED

26

SCHOOL  
CLOSED

CHEESEBURGER 27

Homemade soup  
Sweet Potato tots  
Steamed corn  
Choice of fruit  
Choice of milk

ROTINI & MEATBALLS 28

Tossed salad  
Steamed broccoli  
Choice of fruit  
Choice of milk  
Baked dessert

WALKING TACOS 29

Refried beans  
Lettuce, tomato  
Cheese, Salsa, rice  
Choice of fruit  
Choice of milk

PIZZA 30  
HOMEMADE

Tossed salad  
Steamed broccoli  
Choice of fruit  
Choice of milk

