

NOVEMBER 2018

HIGH SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST \$1.50

Each Morning we offer a variety of breakfast combo meal choices: including fruit, milk, yogurt, 100% fruit juice, fruit pockets, egg wraps, bagels, or cereal.

Did You Know...

Scorpio and Sagittarius are the astrological signs for November. Birthdays from November 1st through the 21st fall under the Scorpio sign. November 22nd through November 30th birthdays fall under the sign of Sagittarius.

Lunch Choices

1. Hot lunch menu
2. Deli Bar lunch
3. Pizza Bar lunch*
4. Grab n' Go choices

All meal combos are offered with a milk, fruit, and vegetable.

Each day we offer a variety of fruits & vegetables: Apples, bananas, oranges, pears, peaches. Carrots, veggie sticks, 100% fruit juice may be substituted.

Homemade soup is back, every Tuesday

A fresh baked dessert is served with combo lunches every Wednesday

ALL NEW! PIZZA BAR!
CHOOSE YOUR FAVORITE

Lunch Account Information

Visit www.schoolcafe.com

To contact the cafeteria directly.
610 847-5131 Ext. 2410

OVEN BAKED CHICKEN 5
Mashed potatoes w/gravy
Tossed salad
Steamed carrots
Choice of fruit
Choice of milk

SCHOOL 6
CLOSED

GRILLED CHEESE 7
French fries
Steamed broccoli
Choice of fruit
Choice of milk
Baked dessert

MAC & CHEESE 1
Steamed broccoli
Tossed salad
Choice of fruit
Choice of milk

PIZZA 2
Tossed salad
Steamed carrots
Choice of fruit
Choice of milk

NACHOS GRANDE 8
Refried beans
Lettuce, tomato, Cheese, Salsa, rice
Choice of fruit
Choice of milk

PIZZA 9
Tossed salad
Veggie sticks & dip
Choice of fruit
Choice of milk

CHICKEN TENDERS 12
Mashed potatoes w/gravy
Tossed salad
Steamed carrots
Choice of fruit
Choice of milk

MAX STICKS 13
Homemade soup
Tossed salad
Maranara dip cup
Green beans
Choice of fruit
Choice of milk

CORN DOGS 14
Baked beans
Spiral fries
Choice of fruit
Choice of milk
Baked dessert

HOLIDAY TURKEY FEAST 15
Mashed potatoes, corn, stuffing, gravy, baked apples, cranberry sauce, salad, pumpkin surprise,
Choice of milk
Choice of fruit

PIZZA 16
Tossed salad
Steamed carrots
Choice of fruit
Choice of milk

CHICKEN FAJITAS 19
French fries
Salsa, spanish rice
Steamed corn
Choice of fruit
Choice of milk

1/2 Day Dismissal 20

SCHOOL 21
CLOSED

SCHOOL 22
CLOSED

SCHOOL 23
CLOSED

SCHOOL 26
CLOSED

CHEESEBURGER 27
Homemade soup
Sweet Potato tots
Steamed corn
Choice of fruit
Choice of milk

ROTINI & MEATBALLS 28
Tossed salad
Steamed broccoli
Choice of fruit
Choice of milk
Baked dessert

WALKING TACOS 29
Refried beans
Lettuce, tomato
Cheese, Salsa, rice
Choice of fruit
Choice of milk

PIZZA 30
Tossed salad
Steamed broccoli
Choice of fruit
Choice of milk