

NOVEMBER 2018

ELEMENTARY SCHOOLS

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know...

Scorpio and Sagittarius are the astrological signs for November. Birthdays from November 1st through the 21st fall under the Scorpio sign. November 22nd through November 30th birthdays fall under the sign of Sagittarius.

CHICKEN NUGGETS 5

Mashed potatoes w/gravy
Tossed salad
Steamed carrots
Choice of fruit
Choice of milk

SCHOOL
CLOSED

GRILLED CHEESE 7

French fries
Steamed broccoli
Choice of fruit
Choice of milk
Baked dessert

MAC & CHEESE 1
Steamed broccoli
Tossed salad
Choice of fruit
Choice of milk

NACHOS GRANDE 8

Refried beans
Lettuce, tomato,
Cheese, Salsa, rice
Choice of fruit
Choice of milk

PIZZA 2
HOMEMADE
Tossed salad
Steamed carrots
Choice of fruit
Choice of milk

PIZZA 9 HOMEMADE

Tossed salad
Veggie sticks & dip
Choice of fruit
Choice of milk

CHICKEN TENDERS 12

Mashed potatoes w/gravy
Tossed salad
Steamed carrots
Choice of fruit
Choice of milk

MAX STICKS 13

Homemade soup
Tossed salad
Maranara dip cup
Green beans
Choice of fruit
Choice of milk

CORN DOGS 14

Baked beans
Spiral fries
Choice of fruit
Choice of milk
Baked dessert

HOLIDAY FEAST 15 TURKEY

Mashed potatoes, corn,
stuffing, gravy, baked apples,
cranberry sauce, salad,
pumpkin surprise,
Choice of milk
Choice of fruit

PIZZA 16 HOMEMADE

Tossed salad
Steamed carrots
Choice of fruit
Choice of milk

CHICKEN SANDWICH 19

French fries
Steamed corn
Choice of fruit
Choice of milk

CHICKEN SLIDERS 20

French fries
Homemade soup
Tossed salad
Steamed broccoli
Choice of fruit
Choice of milk

SCHOOL 21

SCHOOL
CLOSED

SCHOOL 22

SCHOOL
CLOSED

SCHOOL 23

SCHOOL
CLOSED

26

SCHOOL
CLOSED

CHEESEBURGER 27

Homemade soup
Sweet Potato tots
Steamed corn
Choice of fruit
Choice of milk

ROTINI & MEATBALLS 28

Tossed salad
Steamed broccoli
Choice of fruit
Choice of milk
Baked dessert

WALKING TACOS 29

Refried beans
Lettuce, tomato
Cheese, Salsa, rice
Choice of fruit
Choice of milk

PIZZA 30 HOMEMADE

Tossed salad
Steamed broccoli
Choice of fruit
Choice of milk

Breakfast \$1.25

Each Morning we offer a variety of breakfast combo meal choices: including fruit, milk, yogurt, 100% fruit juice, fruit pockets, egg wraps, bagels, or cereal.

Lunch Choices

\$2.70

1. Salad bar

2. Yogurt & fruit

3. Hot lunch menu

All meal combos are offered with a milk, fruit, and vegetable.

Each day we offer a variety of fruits:

Apples, bananas, oranges, pears, peaches. 100% fruit juice may be substituted once a week.

A fresh baked dessert is served with combo lunches every Wednesday

Homemade pizza is served every Friday

Lunch Account Information

Visit www.schoolcafe.com

To contact the cafeteria directly.

610 847-5131

Durham @ ext. 3410

Tinicum @ ext. 7410

Springfield @ ext. 6410