

**DAILY ITEMS**

(Priced individually)

Whole Grain Cereals

Bagel & Cream Cheese

Yogurt smoothies & parfaits

Apple fruit pocket

Daily Breakfast Menu  
**Middle School / High School**  
"Most important meal of the day"

**Fruits May Include:**  
Apples, Oranges, Bananas,  
Fresh Fruit Cup, Peaches, Pineapples,  
Mandarin Oranges or Mixed Fruit

***PALISADES SCHOOL DISTRICT***

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>CHOICE OF DAILY ENTREE</i>	<i>CHOICE OF DAILY ENTREE</i>	<i>CHOICE OF DAILY ENTRÉE</i>	<i>CHOICE OF DAILY ENTRÉE</i>	<i>CHOICE OF DAILY ENTRÉE</i>
Ham, Egg & Cheese Sandwich	Sausage, Egg & Cheese Croissant	Egg & Cheese Sandwich	Sausage, Egg & Cheese Bagel	Bacon, Egg, & Cheese English Muffin
<u>Make it a combo</u> Yogurt, Cereal, Waffles, Bagel & Sun Butter, Pop tart meal	<u>Make it a combo</u> Yogurt, Cereal, Waffles, Bagel & Sun Butter, Pop tart meal	<u>Make it a combo</u> Yogurt, Cereal, Waffles, Bagel & sun Butter, Pop tart meal	<u>Make it a combo</u> Yogurt, Cereal, Waffles, Bagel & sun butter Pop tart meal	<u>Make it a combo</u> Yogurt, Cereal, Waffles, Bagel & sun butter Pop tart meal
<b>CHOICE OF FRUIT/JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of fruit	<b>CHOICE OF FRUIT/JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of fruit	<b>CHOICE OF FRUIT/ JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of Fruit	<b>CHOICE OF FRUIT/JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of Fruit	<b>CHOICE OF FRUIT/ JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of Fruit
<b>CHOICE OF MILK</b> Select (1) Skim 1% White	<b>CHOICE OF MILK</b> Select (1) Skim 1% White	<b>CHOICE OF MILK</b> Select (1) Skim 1% White	<b>CHOICE OF MILK</b> Select (1) Skim 1% White	<b>CHOICE OF MILK</b> Select (1) Skim 1% White

Daily Menu Subject to Change

**Non-Discrimination Statement:** This institution is an equal opportunity provider

Breakfast Price: \$1.50

Reduced Breakfast Price: \$0.30