

**DAILY ITEMS**

(Priced individually)

Whole Grain Cereals

Yogurt smoothies & parfaits

Apple fruit pocket

Apple fruit pocket

# Daily Breakfast Menu

Elementary Schools

“Most important meal of the day”

**Fruit May Include:**

Apples, Oranges, Bananas,  
Fresh Fruit Cup, Peaches, Pineapples,  
Mandarin Oranges or Mixed Fruit

## ***PALISADES SCHOOL DISTRICT***

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1. CHOICE OF DAILY ENTRÉE</b> Complete combo, 1,2,3,</p> <p>Egg Sandwich or Apple Pocket or Yogurt or Cereal or Mini Pancakes or Bagel &amp; sun butter</p> <p><b>2. CHOICE OF FRUIT/JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of Fruit</p> <p><b>3. CHOICE OF MILK</b> Select (1) Skim 1% White</p>	<p><b>1. CHOICE OF DAILY ENTRÉE</b> Complete combo, 1.2.3.</p> <p>Egg Sandwich or Apple Pocket or Yogurt or Cereal or Mini Pancakes or Bagel &amp; sun butter</p> <p><b>2. CHOICE OF FRUIT/JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of Fruit</p> <p><b>3. CHOICE OF MILK</b> Select (1) Skim 1% White</p>	<p><b>1. CHOICE OF DAILY ENTRÉE</b> Complete combo, 1,2,3,</p> <p>Egg Sandwich or Apple Pocket or Yogurt or Cereal or Mini Pancakes or Bagel &amp; sun butter</p> <p><b>2. CHOICE OF FRUIT/ JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of Fruit</p> <p><b>3. CHOICE OF MILK</b> Select (1) Skim 1% White</p>	<p><b>1. CHOICE OF DAILY ENTREE</b> Complete combo, 1,2,3,</p> <p>Egg Sandwich or Apple Pocket or Yogurt or Cereal or Mini Pancakes or Bagel &amp; sun butter</p> <p><b>2. CHOICE OF FRUIT/JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of Fruit</p> <p><b>3. CHOICE OF MILK</b> Select (1) Skim 1% White</p>	<p><b>1. CHOICE OF DAILY ENTREE</b> Complete combo, 1,2,3,</p> <p>Egg Sandwich or Apple Pocket or Yogurt or Cereal or Mini Pancakes or Bagel &amp; sun butter</p> <p><b>2. CHOICE OF FRUIT/JUICE</b> Select (1 or 2) 100% Fruit Juice Choice of Fruit</p> <p><b>3. CHOICE OF MILK</b> Select (1) Skim 1% White</p>

Daily Menu Subject to Change

**Non-Discrimination Statement:** This institution is an equal opportunity provider

Breakfast Price: \$1.25

Reduced Breakfast Price: \$0.30

Questions? Please Call the Cafeteria 610 847-5131 ext. 3410 Durham Nockamixon  
ext. 6410 Springfield  
ext. 7410 Tincum