

# December 2018

## Elementary Schools

### Monday

POPCORN CHICKEN **3**

Sweet potato tots  
Carrot sticks  
Choice of fruit  
Choice of milk

CHICKEN DRUMMIES **10**

French fries  
Steamed Broccoli  
Choice of fruit  
Choice of milk

CHICKEN NUGGETS **17**

Mashed potatoes  
Tossed salad  
Steamed carrots  
Choice of fruit  
Choice of milk

SCHOOL **24**

CLOSED

SCHOOL **31**

CLOSED

### Tuesday

CHEESESTEAK SANDWICH **4**

Homemade soup  
Baked beans  
Lettuce & tomato  
Steamed corn  
Choice of fruit  
Choice of milk

HOT DOG **11**

Homemade soup  
Sweet potato tots  
Baked beans  
Choice of fruit  
Choice of milk

CHEESE CRUNCHERS **18**

Homemade soup  
Tossed salad  
Maranara dip cup  
Green beans  
Choice of fruit  
Choice of milk

SCHOOL **25**

CLOSED

### Wednesday

MEATBALL PARMIGIANA SANDWICH **5**

Tossed salad  
Steamed broccoli  
Choice of fruit  
Choice of milk  
Baked dessert

WAFFLES & BACON **12**

Tator tots  
Bagged carrots  
Warmed apples  
Choice of fruit  
Choice of milk  
Baked dessert

GRILLED CHEESE **19**

French fries  
Steamed broccoli  
Choice of fruit  
Choice of milk  
Baked dessert

SCHOOL **26**

CLOSED

### Thursday

FRENCH TOAST & SAUSAGE **6**

Tator Tots  
Warmed apples  
Bagged carrots  
Choice of fruit  
Choice of milk

MAC & CHEESE **13**

Steamed broccoli  
Tossed salad  
Choice of fruit  
Choice of milk

NACHOS GRANDE **20**

Refried beans  
Lettuce, tomato,  
Cheese, Salsa, rice  
Choice of fruit  
Choice of milk

SCHOOL **27**

CLOSED

### Friday

PIZZA HOMEMADE **7**

Tossed salad  
Steamed broccoli  
Choice of fruit  
Choice of milk

PIZZA HOMEMADE **14**

Tossed salad  
Steamed carrots  
Choice of fruit  
Choice of milk

PIZZA HOMEMADE **21**

Tossed salad  
Veggie sticks & dip  
Choice of fruit  
Choice of milk

SCHOOL **28**

CLOSED

### Breakfast \$1.25

Each Morning we offer a variety of breakfast combo meal choices: including fruit, milk, yogurt, 100% fruit juice, fruit pockets, egg wraps, bagels, or cereal.

### Lunch Choices \$2.60

1. Salad bar
2. Yogurt & fruit
3. Pizza every Wednesday
4. Hot lunch menu

All meal combos are offered with a milk, fruit, and vegetable.

Yogurt Bar available at Tincum

Each day we offer a variety of fruits: Apples, bananas, oranges, pears, peaches. 100% fruit juice may be substituted once a week.

Homemade soup is every Tuesday

A fresh baked dessert is served with combo lunches every Wednesday

Homemade pizza is served every Friday

### Lunch Account Information

Visit [www.schoolcafe.com](http://www.schoolcafe.com)  
To contact the cafeteria directly.

610 847-5131

Durham @ ext. 3410

Tincum @ ext. 7410

Springfield @ ext. 6410

### Did you know...

December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter.