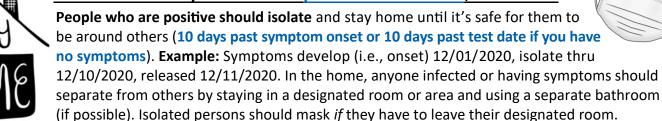
Bucks County Department of Health

COVID-19 Isolation and Quarantine Guidelines

Isolation or Quarantine: What's the Difference?

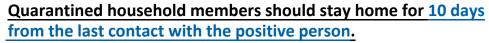
Quarantine keeps someone who was exposed to COVID-19 away from others in case they develop symptoms. **Isolation** keeps someone who is infected with COVID-19 away from others, even in their home.

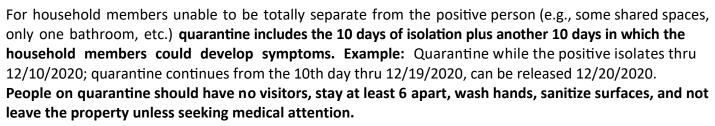
I or someone in my house tested positive for COVID-19, now what?



I'm a sick parent or caregiver and my children have to quarantine at home, now what?

- Both you and the child should wear a mask while in the same room. If possible and safe, stay 6 feet apart.
- Wash hands frequently with soap and water for at least 20 seconds. If soap and water are not available, use hand sanitizer (at least 60% alcohol); rub hands together until dry.
- Disinfect any items that you need to bring to the child. Do not disinfect food.
- Watch the child for symptoms including cough, runny nose, sore throat, headache, altered/loss of taste or smell.





I or my child had close contact* with someone who was positive for COVID-19, now what?

After a close contact at work or school, the exposed person should stay home for 10 days from the date of exposure. However, in the attempt to balance the burden associated with missing work or school against the small possibility of asymptomatic people spreading the virus while masked, some people may qualify for modified quarantine (MQ). Example: Exposed to a positive on 12/01/2020 at school/work; can continue to go to school/work thru 12/10/2020, released 12/11/2020.

Only persons with NO symptoms can leave the residence to go to their place of employment, educational institution or daycare and/or to procure life-sustaining provisions (e.g., prescriptions) during quarantine.

This does NOT allow attendance at social gatherings or non-essential events.



Must adhere to the following:

- 1. Wear a face covering correctly the entire time while outside of the residence.
- **2. Perform self-symptom assessment prior to leaving residence.** Guardian is responsible for symptom assessment with minor children prior to their leaving the residence.
- 3. Notify and ensure that their employer or educational institution accepts persons on MQ.

7 Day Quarantine Eligibility: After a single exposure, a person with no symptoms for the first 7 days can be released on day 8 if they test negative on a test collected day 5 or later. **Example:** Date of exposure is 12/01/2020, can be released 12/08/2020 with a negative test result collected 12/05/2020 or later.

*Close Contact is someone who was within 6 feet of an infected person for at least 15 consecutive minutes. Exposure Period is from 48 hours before a person started having symptoms (or, for people with no symptoms, 48 hours before their test date) until the person is isolated.

LESS THAN OF THAN 15 MIN.